

Lunch 11am-1:30pm

All items with meat can be substituted with tofu

Burgers

Burgers, handhelds, and sandwiches come with fries

NLC chicken burger \$13.75

Caribbean spiced chicken, spring mix, tomato, herbed aioli, brioche bun

Rodeo burger \$13.75

4oz Angus beef burger, shredded lettuce, tomato, brioche bun, rodeo aioli

Handhelds

Caesar wrap \$13.75

Caribbean spice chicken or Chinese five spice tofu, house-made Caesar dressing, parmesan cheese, romaine lettuce, flour tortilla

NLC burrito \$11.75

Tex-Mex spice ground beef, spring mix, pico de gallo, chipotle aioli, avocado crema, cheddar cheese, flour tortilla

Sandwiches

French onion grilled cheese . \$11.75

French onion vegetable blend, havarti, Swiss, herbed aioli, Texas toast

Monte cristo sandwich. \$13.75

two pieces of French toast, black forest ham, Caribbean chicken, Swiss cheese, maple orange dipping sauce

Spicy chicken sandwich \$13.75

breaded crispy chicken, honey lime coleslaw, pickled onions, habanero aioli, brioche bun

Salads

Taco Salad \$9.75

flour tortilla bowl, Tex-Mex spice ground beef, spring mix, seasonal vegetables, pico de gallo, avocado crema, chipotle ranch dressing

Power bowls and more

Power bowl \$13.95

Caribbean spice chicken or Chinese five spice tofu, basmati rice, seasonal vegetables, honey lime vinaigrette, micro greens

Tropical flare bowl \$13.95

Caribbean spice chicken or Chinese five spice tofu, honey lime coleslaw, shredded coconut, pico de gallo, avocado, habanero coconut vinaigrette, basmati rice

Butter chicken (gluten free) . . \$12.95

butter chicken sauce, tandoori chicken or Chinese five spice tofu, basmati rice

Add garlic naan \$2.75

New! Butter chicken poutine \$11.75

chicken, cheese curds, butter chicken sauce, green onion, tomato

Chicken and waffles \$13.75

breaded crispy chicken, buttermilk waffle, whipped Cream, maple orange dipping sauce

Deep fried pickles \$8.25

deep fried pickles, dill dip

Gyoza \$8.25

gyoza dumpling, green onion, sesame hoisin dipping sauce

Poutine \$8.75

fries, cheese curd, house-made gravy, green onion

New! Rainbow vegetable

fries \$8.75

beet, turnip, and carrot fries, honey balsamic dipping sauce

Rodeo style fries (vegetarian) . . \$8.50

fries, sautéed onion, shredded cheese, rodeo aioli, green onion

Add on's

Add a dipping sauce or extra salad dressing . . . \$0.50

Add spice to your meal (house made chilli oil) . . \$0.50