

**NORTHERN LIGHTS COLLEGE  
REGISTRAR'S OFFICE  
PROGRAM INFORMATION AND COMPLETION GUIDE**

**Program Name:** Professional Cook 2 Institutional Entry  
**Credential/Certification:** Certificate in Professional Cook Level 2  
**Date Submitted:** January 2021  
**Effective Date:** February 2021

**Program Contact:** trades@nlc.bc.ca

**Dean:**

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**Program Description:**

The Professional Cook program follows ITA prescribed course curriculum for institutional entry to Professional Cook 2. Learners will perform all phases of kitchen activities including the preparation and presentation of vegetables, soups, sauces, meat, fish and poultry; cold kitchen items; desserts, baking, pastry; basic menu planning/costing as well as knowledge of safety, sanitation and food storage. Learners will also gain valuable knowledge of human and customer relations which will enable them to become leaders in their field. Learners will move to partially independent tasking in level 2, performing a variety of cooking and food preparation. There are standardized ITA exams upon completion of this level, accompanied by the work-based training hours necessary for ITA Level Certifications.

**Admission Requirements:**

Successful completion of PCOI 101 or equivalent as indicated by the Industry Training Authority.

**Length of Program:** (weeks and total hours) 14 weeks/420 hrs

**Program Intake:** (start/finish dates) around February

**Available Seats:** 8

**Application Deadline:** All completed applications must be received one month prior to the start of the program. Completed applications received after this date will be reviewed based on seat availability.

**Career Prospects:** Professional Cooks work in a variety of settings including: camps, institutional kitchens, family restaurants, hotels, cruise ships, ferry boats, resorts, nursing homes, hospitals, catering operations, and airlines.

**Affiliations/Partnerships:**

Industry Training Authority

Go 2 (Industry Training Organization who monitors all hospitality type industry training for ITA)

Northern Alberta Institute of Technology (NAIT)

School Districts 59, 60, 81 and 87

**Location:** Northern Lights College Dawson Creek Campus

**Additional Requirements/Supplies:** (fees, supplies, materials)

Textbooks

Learning Guides

Study Guide (Optional)

Uniforms will be included in Instructional Related Fees

**Eligibility for Canada Student Loans:** (Yes or No)

No

**Required Minimum Grade:** (overall and/or minimum within a course)

70%

**Residency Requirement:** (percentage of courses which must be taken at NLC)

100%

**Required Courses:** (list courses required to complete credential and total hours for each course)

PCOI 202 Professional Cook 2 Institutional Entry (420 hours)