



ElseEase Advocacy | 780-613-1611 | info@elseease.ca

ElseEase Advocacy is dedicated to advancing the awareness of accessibility and accommodation for invisible and episodic disabilities; including mental illness and protected grounds, regardless of if someone identifies as a person with a disability.

Embedding human rights perspectives and the social model of disability, we provide education and support to individuals, employers, community leaders and allies, emphasizing accessibility as a vital component of equity, diversity, and inclusion efforts.

Merging industry expertise and lived experience of episodic and invisible disabilities, we appreciate the unique challenges faced in accessing support and accommodation. We are committed to shedding light on these barriers, providing empathetic support and creative solutions.

What we offer

Business and Team Solutions

- Customized consulting packages and audits, addressing the nuances of inclusion for episodic and invisible disability.

Individual Support

- Customized resources scan and networking.
- Self-advocacy support for employees, jobseekers, and entrepreneurs.

Who Can Benefit

- Businesses and teams committed to inclusion, accessibility and belonging and addressing the unique needs of their employees.
- Community leaders, allies, and change makers who are curious about invisible and episodic disability.
- Anyone who supports inclusive entrepreneurship and centering experts with lived experience. *Nothing about us, without us.*
- Individuals who are self-advocating or curious about accessibility and accommodations.
- Individuals navigating the complexities of invisible or episodic disabilities or experiences (formal diagnosis or self-identifying as disabled is not required).

Contact us at info[at]elseease[dot]ca to get started!

Person-first and identify-first language is used in this document to reflect the diversity and validity of both preferences.

ElseEase Advocacy services do not constitute legal advice, medical advice, psychotherapy or counselling.