

OFF-CAMPUS SUPPORT

If you are located outside of the areas listed below, please call 250-787-6244 for assistance.

FOOD BANKS & SOUP KITCHENS

Dawson Creek

Nawican Soup Kitchen
Mon/Wed/Fri 12-2pm
1320 102 Ave
250-782-5202

St. Marks Soup Kitchen
Tues/Thurs 12-2pm
1029 106 Ave
250-782-2939

Salvation Army
Emergency Food Bank
1019 103 Ave
250-782-8669

Fort St. John

Salvation Army Soup Kitchen
Mon-Sat 12-1pm, 5pm
9824 99 Ave
250-785-0372

Tumbler Ridge

New Life Assembly Church
250-242-7404

Chetwynd

Emergency Food Program
250-788-9658

Tansi Friendship Centre
250-788-2996

Fort Nelson

Aboriginal Friendship Society
5012 49 Ave
250-774-2993

MENTAL HEALTH & ADDICTIONS

BC Mental Health Support
310-6789

Northern Health Mental Health & Addictions

Dawson Creek
250-719-6525
Fort St. John
250-263-6080
Tumbler Ridge
250-242-5505
Chetwynd
250-788-2236
Fort Nelson
250-774-8105
Dease Lake
250-771-4473
Atlin
250-651-7677

Other Free Counselling

Dawson Creek

Aboriginal Family Services
250-782-1169

Chetwynd

Tansi Friendship Centre
250-788-2996

Fort Nelson

Aboriginal Friendship Society
250-774-2993
Fort Nelson First Nation
250-774-7300

Addictions Information

Alcohol & Drug Info & Referral
1-800-663-1441
BC Problem Gambling Line
1-888-795-6111

SHELTERS & ESCAPING ABUSE

Dawson Creek

Mitzpah Transition House
Shelter for women/children
250-782-9174

Aspen Court
250-782-9886

Fort St. John

Salvation Army Centre of Hope
No drop-ins on Sunday
9824 99 Ave
250-785-0372

Meaope Transition House
Shelter for women/children
250-785-5208

Tumbler Ridge

Women's Outreach Program
250-242-2082

Chetwynd

Women's Shelter
250-788-1976

Fort Nelson

Women's Shelter
250-774-4511

Emergency Men's Shelter (19+)
4903 48 Ave
250-774-3816

HEALTH

BC Health Link
811

STI Tests, Free Condoms, Pregnancy Tests, Emergency Contraception, Birth Control

Dawson Creek Health Unit
250-719-6500
Fort St. John Health Unit
250-263-6000
Chetwynd Primary Care Clinic
250-788-7300
Fort Nelson Health Unit
250-774-7092

VICTIM SERVICES

VictimLink BC
1-800-563-0808
Dawson Creek
250-782-9174
Fort St. John
250-785-6021
Tumbler Ridge
250-242-5252
Chetwynd
250-788-9440
Fort Nelson
250-774-4511

HOMELESSNESS PREVENTION

Dawson Creek

SPCRS
250-782-9174
Native Housing Society
250-782-1451

Fort St. John

Community Bridge
250-785-6021

Tumbler Ridge

TR Cares
250-242-7444

Chetwynd

Tansi Friendship Centre
250-788-2996